Liliputi®
Mei-Tai Baby Carrier
instructions booklet

safety & care

This instructions booklet will guide you through the most important tying techniques, will show you some important safety information and give instructions how to care for your carrier

Read this manual online in your language

www.liliputi.com/carrier-instructions

Babywearing Safety Instructions

Practice without your baby so your muscles learn the movement and will remember when you try it with your baby. If you feel unsure ask for help either from us or a local babywearing consultant.

IMPORTANT!

- Do not wear your baby in this carrier when you do sports (jogging, cycling, jumping, swimming, etc) or you drive or travel in a car!
- In the optimum positioning your baby's legs will shape an M, the knees will be higher than the bum (at bellybutton level) while the thighs are opened slightly.
- The Mei-Tai should support your baby's thighs from knee to knee.
- The Mei-Tai with your baby should be high enough to enable you to kiss your baby's forehead.
- Upon finishing tying, always double check that it is tight enough so your baby cannot lean back and the baby moves together with you.
- While wearing your baby in the Mei-Tai make sure that your baby is facing towards you and not out, not away from you.
- It might be possible that your baby cries when you put him/her in the Mei-Tai what is normal. Among many other reasons your baby might feel your tension. With time and practice you both become experts of wrapping and it easily turns into a lovely habit of yours. Although, always check that the reason of the baby's crying is not caused by something else (hunger, sore nappy, lack of comfort in bodysuit, etc).

While tying and during wearing check regularly:

- Your child is positioned safely in the carrier following the guidance of this instruction booklet!
- You must be able to put two of your fingers in between your baby's chest and chin!
- Your baby's nose and mouth is clear and always visible!
- Your baby is breathing normally. Change position if you hear your baby breathing heavily or if the breathing does not sound normal!

Neither the manufacturer nor the distributor accepts any responsibility for injury/damage due to the use/misuse of this product. Take care of your baby's safety and comfort. Your child's safety is your responsibility!

Weight & Age Limitations

We recommend the Mei-Tai for babies older than 3 months and up to 15 kgs. When your baby's weight is getting close to 15 kgs, it might be time to upgrade to a buckle carrier.

Washing & Care

In order to preserve the Mei-Tai we recommend local cleaning if possible. If the carrier requires total cleaning, it is machine washable at 30 degrees. Requires a low speed spin. Do not tumble dry!

Thanks to Mariann Hornyák (School of Babywearing and Slingababy babywearing consultant), Melinda Wellner-Mező (ClauWi babywearing consultant and trainer) and for Petra Gerhát (ClauWi babywearing consultant) for their professional help.

Have Questions?

Call us: +43 1 364 9000 Email us: info@liliputi.com

front carry

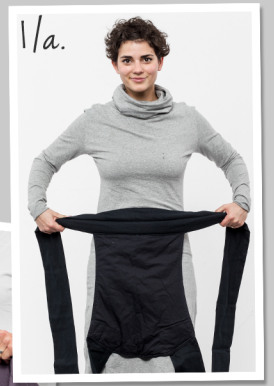
We recommend this technique from the age of 3+ months until it is comfortable for the parent and the baby.

Watch this VIDEO

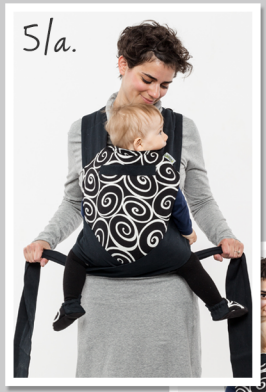
www.liliputi.com/instructional-videos

1. The waist strap of the Mei-Tai can be tied two ways:

A). Place the Mei-Tai to your waist in front of you in a way that the waist strap and the outer layer of the body part are towards your body, like a simple apron.

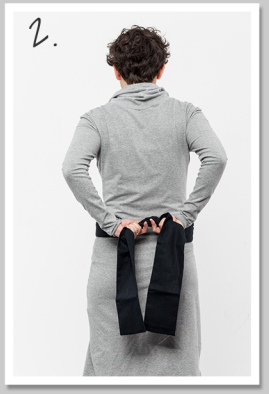


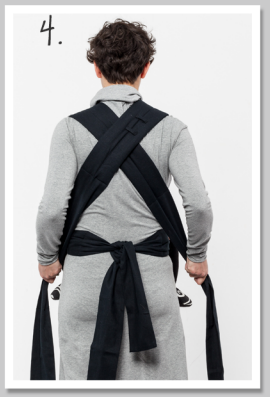
B). Place the Mei-Tai to your waist in front of you in a way that the inner side of the waist strap is at your belly and the body part of the carrier hangs down from there. You might be able to reduce the carrier's body in size.



5. From here you have two options:
A). If your baby can sit unaided already: Bring the straps to the front over your baby's legs on both sides, cross and spread them under the bum and lead them back again under your baby's legs. Make sure that you pin the straps in the knee-pit. With this technique you can extend the width of the Mei-Tai.

B). If your baby cannot sit unaided yet: Bring the straps to the front under the thighs on both sides, cross them under the baby's bum and lead them back again under the legs.

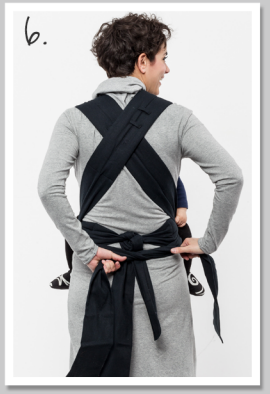




2. Tie a double knot behind you at your lower back.

3. Lift your baby while supporting the baby's back and place the baby on your chest. Gently spread the legs and pull up the body part of the Mei-Tai on your baby's back. Lead the shoulder straps up to your shoulder.

4. Cross the straps behind you while keep supporting your baby and bring the straps to the front under your baby's bum. Pull the straps starting with the one underneath and be careful that they are not twisted.



6. To finishing the tying make a double knot on your lower back.

7. Double check the tightness, the height and whether the legs are spread and supported well.

back carry

We recommend this technique for babies who can already support their head and upper body.

Watch this VIDEO

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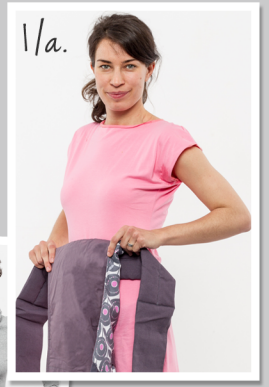
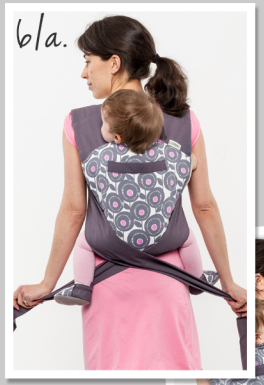
1. The waist strap of the Mei-Tai can be tied two ways:

A). Place the Mei-Tai to your waist in front of you in a way that the inner side of the waist strap is at your belly and the body part of the carrier hangs down from there. You might be able to reduce the carrier's body in size.

B). Place the Mei-Tai to your waist in front of you in a way that the waist strap and the outer layer of the body part are towards your body, like a simple apron.





6. From here you have two options:

A). If your baby can sit unaided already: Bring the straps to your lower back over your baby's legs on both sides, cross and spread them under the baby's bum and lead them back to the front under the legs. Make sure that you pin the straps in the knee-pit. With this technique you can extend the width of the Mei-Tai.

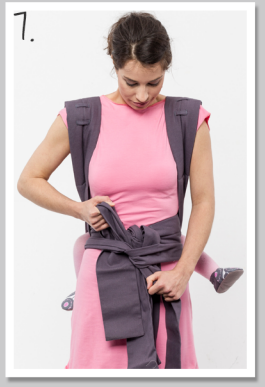
B). If your baby cannot sit unaided yet: Bring the straps to your lower back under the baby's thighs on both sides, cross them under the baby's bum and lead them to the front again under the legs.

2. Place the Mei-Tai on your hip in your chosen style and turn it so that the body part is behind you and you can make a double knot in the front.

3. Slide the knot to your side. Lift your baby while you support the baby's back against gravity, place the little one on your hip, gently spread the baby's legs. Pull up the Mei-Tai.

4. Grab both straps and get strong hold of them under your baby's chin while you keep supporting your baby. Lean slightly to your other side and with small, gentle lifting moves, bring your baby to your back. Hold the straps tight and with your other hand support your baby.

5. When your baby is on your back, hold the straps tight in your left hand. Then grab the right strap with your right hand and bring the left strap to your left shoulder and the right one to your right shoulder.



7. To finishing the tying make a double knot.

8. Double-check the tightness, the height and whether the legs are spread and supported well.

hip carry

We recommend it for babies who can already support their head and upper body, for shorter trips

Watch this VIDEO

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1. The waist strap of the Mei-Tai can be tied two ways:

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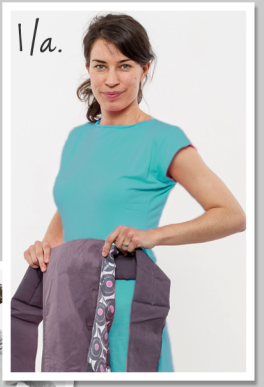
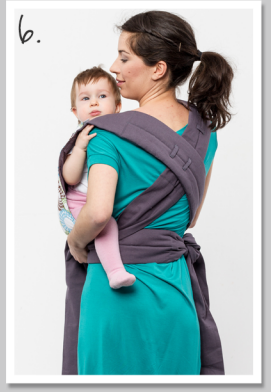
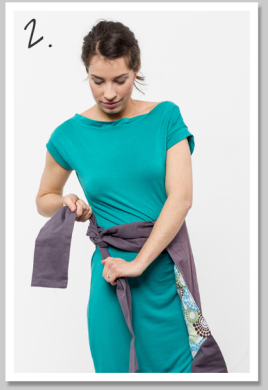
B). Place the Mei-Tai to your waist in front of you in a way that the waist strap and the outer layer of the body part are towards your body, like a simple apron.

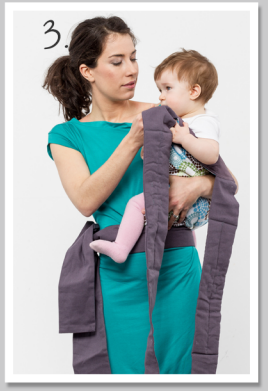


5. Lead the left strap over your left shoulder using your left hand and bring the straps forward crossing them on your back.

6. Pull the straps tight carefully and make sure that they are not twisted.







2. Place the Mei-Tai up to your waist in your chosen way and make a double knot. Bring the carrier to your side, so the body part hangs down on your chosen side.

3. Get your baby and put on your hip. Lift up the body part behind your baby's back. Make sure that your baby is in the middle of the Mei-Tai and the legs are supported evenly on both sides.

4. Support your baby against gravity with one hand and use your other hand to guide the right shoulder strap over your right shoulder.

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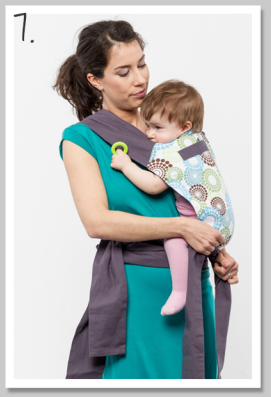
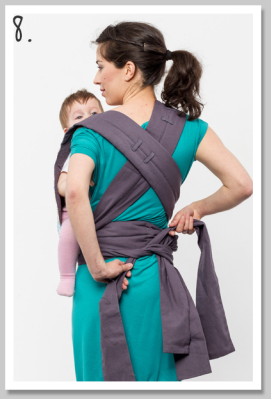
7. Bring the straps to the front under the baby's thighs on both sides, cross them under the bum and lead them back around your hip under the baby's legs.





8. To finishing the tying make a double knot on your lower back.

9. Double check the tightness, the height and whether the legs are spread and supported well.

sling

buckle carrier

wrap

accessories & other carriers

Complete your baby carrier with Liliputi babywearing accessories, matching the style of your favourite Liliputi Mei-Tai.

mama coat

pocket belt

mama bag

Liliputi®

Babywearing & More...

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